

Divine Mastery – Living in the Zone of Creative Mastery

There are four sections below that bring all this work together. You are now ready to manifest miracles in your life and you now have all the tools, and more importantly, the realization about who you truly are and to experience extraordinary success. Don't limit yourself any more and truly become the one who is creating the life you have come to live.

Section 1. Divine Relationships

We are now beginning to bring all this work together and live our lives from our new awareness with a higher connection to our selves and others.

This process looks at relationship from the place of being in Divine relationship with our Selves from our truth first, and then we can share who we truly are and be in Divine relationship with others. As we become confident and content with ourselves, we will no longer need others to complete us and can focus on being with others from a place of joy, compassion, caring, and honesty. This next section highlights how we are being with each other and how we are taking care of ourselves within our relationships.

Namaste' – Divine Dialogue on Earth

As I was doing some exploration with my client, Christy, around her habitual judging, she talked about how she felt she had to form and give her (wise) opinion others to feel valuable. She shared how she was always stressed in work meetings worrying about saying the right thing. I asked her if she ever really listened to the person she was talking with and she said with a new awareness..."not really.". At that moment I suggested that we approach engaging with others using the 4 Steps.

This was a great epiphany for me. I know what it is like to talk with someone or be in a group where others are talking and being so wrapped up in my mind worrying about what I am going to say when it is my turn. I found myself thinking so much and feeling so scared that I would be judged that hardly heard anyone else. Looking at it now, it has been through working my practice that I have naturally become confident and connected to Source so I am now able to listen intently and trust that exactly what is mine to bring will be available to me.

In our conversation I began to see how wonderful this process is in this application. It starts with Step 1. Divine Attention – To bring our attention to the Realization that the person we are speaking to is also Divine. This is the definition of Namaste' "The Divine within me sees the Divine within you." Then, take Step 2. Divine Patience – to listen and be at peace. From here, enter into Divine Dialogue, trusting that you will know just what to say and just what is needed. And finally, discover the Divine Actions – and Divine Creation: what can we co-create from here?

This one practice can improve the quality of every relationship in our lives. The 4 Steps are designed to help you shift your level of consciousness and as we engage with others from this place, watch what happens to those around you!

Exploration and Exercise:

Use this in your interactions this week and journal the results.

Section Two - Compromise or Compromise?

Can we compromise with others without compromising our Selves? This question builds on the previous inquiries, as we look at being limitless and doing what we need to in order to bring our greatest gifts to the world. This question looks at our relationships with others and our current patterns.

I had a great conversation with a client the other day about his concern over having a difficult conversation with his girlfriend because he didn't want to compromise himself in finding a solution (and assumed that was the only way to find one). I had another conversation with different client who said he tended to always compromise with others to the point of compromising himself. I have found this to be a place that I have been on both sides of myself.

I first looked at the definitions of compromise and how I applied them. I am finding that I love looking deeper into the definition of words as a way to

really understand what we are saying to each other and our Selves. I realized that I always thought of compromising as the same as harming myself (see #4 below.). I have realized that I was showing up and negotiating or deferring to others in ways that harmed me because I thought to compromise was to “meet in the middle where no one got what they really wanted”. So, from there I created a stance of NO COMPROMISES! This was great, as I stopped letting the desires of others rule my life. But, it also isolated me and made my relationships more difficult as I was seen as uncooperative and stubborn (I was dubbed “the decider.”)

Over time I realized that I wanted to cooperate and improve my relationships. I began to see that there are two definitions of compromise and that I could negotiate with others to reach a compromise without compromising myself.

The first step for me was to know myself. I truly needed to know what my position is and why I have it. I need to be clear about my needs at the deepest level. I am the only one that can know this. The next step was to be open to considering others' points of view and then be willing to change my perspective and be flexible about the conditions that could meet my needs. The final step is to consider the situation from a place of inner knowing and to see what solution feels good and does not compromise myself.

This is a place of power as we begin to co-create from truth and peace. Years ago I wrote a quote in my journals that said: “Peace comes when you can trust yourself not to screw yourself over.” I think learning how to compromise without compromising yourself is the place where we can find peace together.

com pro mise [kom-pruh-mahyz] IPA noun, verb, com·pro·mised,

com·pro·mis·ing.

noun (<http://dictionary.reference.com/browse/compromise?s=t>)

1. a settlement of differences by mutual concessions; an agreement reached by adjustment of conflicting or opposing claims, principles, etc., by reciprocal modification of demands.
2. the result of such a settlement.
3. something intermediate between different things: The split-level is a compromise between a ranch house and a multistoried house.
4. an endangering, especially of reputation; exposure to danger, suspicion, etc.: a compromise of one's integrity.

Exploration and Exercise:

1. When have you found yourself compromising yourself to reach agreement with someone?
2. Is there anywhere in your life you are doing this now?
3. Take this into the 4 Steps and see what is shifting and what actions you are being called to take.

Section Three – Manifesting Miracles

Truly, truly, I say to you, he who believes in Me, the works that I do, he will do also; and greater works than these he will do; because I go to the Father. John 14:11-13

Just as Jesus was manifesting miracles; he also told us that when we are connected to Source, we too can manifest miracles. The Course in Miracles also points to the fact that manifesting miracles is our natural state when we are aligned with the truth of who we are – in a state of love, forgiveness, and joy.

1/11/04 Journals with God #51

God, everything is coming together for my art show amazingly well. But what is the most amazing and wonderfully surprising to me—is the quality of the paintings. I'm exploring new mediums and imagery and painting better than ever. I'm putting in the time and the effort yet allowing the paintings to reveal itself through my hands. I truly feel you working through me.

Diane, thank you! You truly are being me. Just like this writing, you are tapping into and living from the truth of your soul. You are discovering greater and greater expressions of who you are and who you can be by focusing on what your heart is telling you to do. What if you had stayed in fear and had never done these paintings? This is your choice. But you are now seeing—there really is no choice for you any more. You have discovered life—life with me with all the love and magic and wonder the lives in the realm of infinite possibilities. Now that you have remembered who you are and know the desires of your heart, what is left to do now, is paddle. Or, as in your case, paint, and trust. You are seeing over and over again that you can always trust me. You know I have never let you down when you have followed your heart. So let the magic within you reveal itself for all the world to see. But most of all reveal this magic

to amaze you.

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Love,

God



Are you ready to amaze yourself – find the joy in your beingness and expression? This is the truth behind manifesting miracles.

Many people talk about the Law of Attraction and how we can attract anything we want if we move into believing that we already have it. It is true. We do this all the time. I have attracted so many things into my life that I have wanted... and also not wanted. If we look at manifesting through the lens of – everything we have received we have manifested. So, how do we get more of what we want and less of what we don't?

The answer, I believe is in understanding that happiness, meaning, and prosperity come from what we bring to life – not what we get from life. It is in using the 4 Steps to connect to our deepest self, discovering our divine power, healing and removing the blocks to knowing our greatest desires and taking the actions that are ours to take – without hesitation and fear.

All my life I have heard that it is important to follow our passions and do what we love. I have always been passionate about exploring nature – from the air and the ground, as well as being passionate about art, music, and my friends and family. I have been able to have my own businesses as well as get paid to do my art. I have also done work in the world that I wasn't so passionate about and have experienced that making a living doing what I loved to do is not always possible. So what is the truth?

About 10 years ago I attempted to restart my art career. I had been successful in the mid to late 90's selling art to a growing home market of people who had large walls to fill and a love for Southwest art. It was now after Sept 11th, which in hindsight I see as the dividing line between how things were and how they are now in the art world. I spent 5 months painting a wonderful series of paintings from my trip to Machu Picchu, which were beautiful and inspiring. I put on my own show and sold a few pieces. I began to contact the few galleries that were still in business – though none from when I was selling, and found a flooded and slow market.

I had also begun my spiritual journey and was asking God why I wasn't supporting myself doing my passion when this is what I thought I was being told to do.

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This was a complicated time in my life – I did have some savings and income from a business sale and I was still trying to live like I had a 6-figure income. I was painting some... but was more interested in the idea of being a painter than painting all the time. As I continued my journals with God about my “dream” of being a professional artist, she challenged me to ask myself what I really wanted to do. And if I was willing to live in a way that was in alignment with who I am and what I wanted to do.

As I looked at this I realized that I was burned out as a painter... and I wasn't ready to let go of the other things in my life such as the big house and lifestyle. So I began to pray, Ok, God, what is mine to do? What is the greatest problem that I could solve?

Shortly after that I started an environmental non-profit and began to work on what was needed in the world. I did environmental education and worked on helping people reduce energy use. This was an uphill battle as saving the world is a big job and it wound up taking the rest of my funds and burned me out... again. And at this point I was forced to let go of even more.

As I looked around at what I needed, what the world needed and what was mine to do, I found a job at a solar company as their director of sales and marketing. I spent about 2 years finally in balance with work that supported me, utilized my passions, (helping the environment and coaching a sales team) and was what people wanted and needed at the time.

The latest chapter of shifting my work into the balance of finding my passion came as I realized that my favorite part of my work was the coaching – in addition being called to deepen my spiritual work and share the greatest gifts that I have been given. Through this process of looking at what my passions are I have also had to look at what is needed in the world and bring my gifts in a way that does help others.

I have come to the realization that what is needed now is for us to do as our vocations is to find what is passionately ours to do that is also in service to others. For us to receive compensation, we must provide value. I used to love to paint and when I found a market for my work, it was joyful to sell it, but after a while I became a slave to the market and found I had to paint doorways as no-one wanted to purchase my paintings of lizards. I was in service, until I wasn't any longer and had to find the place where that alignment was again in place.

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A few years ago I painted a Golden Eagle—one that I watched grow up. Not because I thought I would sell it, but because I was inspired to do it. I also made a CD of my music—not because I would make a ton of money on it, but because I was called to do it. I don't make a living as a musician or painter, but I do make a living sharing all of myself- with passion, fun, joy and love.

Taking everything we have done, we are now going to step into a process of exploring what we are passionate about and the question: What is the greatest gift that I have to give that meets the world's greatest need NOW. How can I be in service in a way that is authentic to my expression of who I am?

Journals with God – Manifesting Miracles

Good afternoon God. Today I am teaching on manifesting Miracles. Will you write to me about that?

Yes. Of course. It is my honor to remind you that life is miraculous. It is miraculous in that it even began. So everything from that point on is a miracle. What I would like to invite you to see is that you have the power to create anything you want and that is also miraculous. You have the energy of the universe flowing through you and you can choose how to direct it in every moment of every day. As this universal energy flows through you as the desires of your soul, it creates a vibration and intention that sets up the alignment with others who are also feeling the same desires. And this vibration exists in the realm of the invisible or what is being called the quantum, spiritual or God's (my) realm.

But the clearer you can get in visualizing what you want, the faster the fulfillment of the desire can be. And from the clear place of vision and inner knowing, and the positive energy-aligning, you will see your part in creating the miracle and be able to see (God's) the quantum realm's part.

Miracles can be small. First of all you can look at receiving/achieving anything as a miracle. When you do – you realize that you can work with the spiritual realm in everything you do. So, as it says in the Bible in Matthew 7:7: Ask and it shall be given to you; seek and ye shall find; knock; and it shall be opened to you.

So if you don't know what to ask for – ask for help in knowing. If you think you know what you want – ask to feel the power of this desire. Take the

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vision and the emotion and ask to know what is yours to do and what is not. Allow your passion to flow. And finally, do what is yours and trust.

Every part of this is how you live in the realm of the miraculous. And from here only that which is miraculous will be created. And this is how you live a miraculous life experience.

Love,

God



Exploration and Exercise:

1. What miracles do you desire to manifest?
2. What do you believe about your ability to manifest miracles?
3. What would you manifest knowing that anything possible?

Section Four - Course in Miracles

I have done the Course in Miracles a couple of times now. It is an incredible yearlong program and I highly recommend it. I did it just before I was given *The 4 Steps to Creative Mastery* and know that it has informed and supported what I have co-created with God to give you. I feel that it will be very helpful to share this chapter from the Course as it describes miracles in all the ways that I would want to share and I believe will help you to know the truth about them for you.

There is some dialogue in the text as it was channeled by the Christ Consciousness to Helen who was then sharing it with her business partner Bill. I love this as it shows the human connection to the writing and also mirrors my/our experience of my/our journals with God as a personal conversation in addition to the teachings. Enjoy!

A Course In Miracles: Miracle Principles 1 – 22

<http://www.courseinmiracles.com/urtext/chapters-1-thru-10/ch-1-introduction-to-miracles/miracle-principles-1-14>

It is crucial to say first that this is a required course. Only the time you take it is voluntary. Free will does not mean that you establish the curriculum. It

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means only that you can elect what to take when. It is just because you are not ready to do what you should elect to do that time exists at all. (You will see miracles through your hands through me. You should begin each day with the prayer "Help me to perform whatever miracles you want of me today.")

1. The first thing to remember about miracles is that there is no order of difficulty among them. One is not harder or bigger than another. They are all the same.

2. Miracles do not matter. They are quite unimportant.

3. They occur naturally as an expression of love. The real miracle is the love that inspires them. In this sense, everything that comes from love is a miracle.

a. This explains the first point related to the lack of order. ALL expressions of love are maximal.

b. This is why the "thing in itself" does not matter. The only thing that matters is the Source, and this is far beyond human evaluation.

4. All miracles mean Life, and God is the giver of Life. He will direct you VERY specifically.

(Plan ahead is good advice in this world, where you should and must control and direct where you have accepted responsibility. But the Universal Plan is in more appropriate hands. You will know all you need to know. Make NO attempts to plan ahead in this respect.)

5. Miracles are habits, and should be involuntary. They should not be under conscious control. Consciously selected miracles are usually misguided, and this will make the talent useless.

6. Miracles are natural. When they do NOT occur, something has gone wrong.

7. Miracles are everyone's right, but purification is necessary first.

8. Miracles are a form of healing. They supply a lack, and are performed by those who have more for those who have less.

9. Miracles are a kind of exchange. Like all expressions of love, which are ALWAYS miraculous in the true sense, the exchange reverses the physical

laws.

10. A miracle is a reversal of the physical order because it brings more love to the giver AND the receiver. (A miracle is misunderstood when it is regarded as a spectacle.)

11. The use of miracles as a spectacle to INDUCE belief is wrong. They are really used for and by believers. (Helen has some fear about 11 and doubt about 9 and 10. Probably doubt induced by fear of 11). (When you say, "If you want me to I will" please add "and if you DON'T want me to I won't." This is the RIGHT use of inhibition. There has to be SOME control over learning for channelizing purposes. Remember retroactive inhibition which should be easy enough for you. Sometimes the new learning is the more important, and HAS to inhibit the old. It's a form of correction.)

12. Prayer is the medium of miracles. Prayer is the natural communication of the Created with the Creator. Through prayer, love is received, and through miracles love is expressed.

a. Miracles are thought-creations. Thought can create lower-order or higher-order realities. This is the basic distinction between intellectualization and thinking. One creates the physical, and the other the spiritual, and we believe in what we create.

13. A miracle is a beginning and an ending. It thus abolishes time. It is always an affirmation of re-birth, which seems to go back, but really goes forward. It undoes the past in the present, and thus releases the future.

14. Miracles attest to truth. They are convincing because they arise from conviction. Without conviction, they deteriorate into magic, which is mindless, and therefore destructive, or rather, the uncreative use of Mind.

15. Each day should be devoted to miracles. (God created time so that man could use it creatively, and convince himself of his own ability to create. Time is a teaching device, and a means to an end. It will cease when it is no longer useful for facilitating learning.) SPECIAL INSTRUCTIONS: Notes on this course have to be taken only under good learning conditions. The same goes for review periods. I will tell you when, but REMEMBER TO ASK.

16. Miracles are teaching devices for demonstrating that it is more blessed to give than to receive. They simultaneously increase the reserve strength of the giver, and supply the lack of strength in the receiver. BE VERY CAREFUL in interpreting this. INSTRUCTIONS: The purpose of this course is

integration. I told you that you will not be able to use it right until you have taken it. As long as your identification vacillates, (and Bill's is weak) you cannot accept the gift that belongs to you. You are still vacillating between recognizing the gift and throwing it away. Bill regards himself as too weak to accept it. You do not yet know its healing power. After you have passed the course, you will accept it and keep it and use it. That is the final exam, which you will have no trouble in passing. Midterm marks are not entered on the permanent record.

17. Miracles are the absence of the body. They are sudden shifts into invisibility, away from lower order reality. That is why they heal.

18. A miracle is a service. It is the maximal service that one soul can render another. It is a way of loving your neighbor as yourself. The doer recognizes his own and his neighbor's inestimable value simultaneously. (This is why no areas of hatred can be retained. If you retain them, your own value is no longer inestimable, because you are evaluating it as X or infinity minus that amount. This is meaningless mathematically, which uses the term "inestimable" only in the very literal sense. Pun intended especially for Bill, (who originally did not get it.) Intended as a special sign of love.)

19. Miracles rest on the law and order of eternity, not of time.

20. Miracles are an industrial necessity. Industry depends on cooperation, and cooperation depends on miracles. (see /acim page_ 4)

21. Miracles are cobwebs of iron. They unite human frailty to the strength of God. (Helen considered changing "iron" to "steel". CORRECTION: No. Steel would NOT be a better word. Steel is very useful but it would have to be tempered by fire. Iron is the raw material. The point of miracles is that they replace fire, thus making it unnecessary.) (continued below)

22. Miracles are natural expressions of total forgiveness. Through miracles, man accepts God's forgiveness by extending it to others. The second step is inherent in the first, because light cannot tolerate darkness. Light dispels darkness automatically, by definition. EXPLANATORY INSTRUCTIONS: Miracles are associated with fear only because of the fallacy that darkness can hide. Man believes that what he cannot see does not exist, and his physical eyes cannot see in the dark. This is a very primitive solution, and has led to a denial of the spiritual eye, which always depends on light. Remember the Biblical injunction: "May I never forget that THINE eye is ever upon me, beholding the evil and the good."

Exploration and Exercise:

Now is the time to truly allow yourself to manifest miracles in your life. At this point in our work, you are invited to inquire into your deepest desires and dreams and allow them to flow through you into the world. This is going further into what you want for yourself and want to do in the world. And this is possible only when we have removed all the constraints to our passion and desire.

This exploration and exercise is about finding our passion. For it is our passion that is the currency of the soul. And our passion is available to us always – we just don't know it if we are blocked and distracted. As you go through this exercise, notice where there are still blocks and use the tools you have been given to remove them and allow your passion to flow free.

As you sit down to do this exercise, answer whatever comes up without filtering. Allow yourself to express yourself without limitation. Give yourself – your soul this gift today.

1. What do I want to do more than anything else in the world?
2. In what do you want to be in mastery?
3. How do I want to feel in my life today?
4. What am I passionate about (could be many things)?
5. What do I want to have in my life?
6. How do I want to serve the world?

Now, do a short meditation doing Step 1 and 2, then journal Step 3 with the questions and exercises below.

1. How do you feel about your answers?
2. How many answers did you write the word "want"?
3. Now, ask yourself to step into being who you truly are and see how your answers change.
4. How many of these answers can you write in the present tense – that you are now, do have, or are creating, or are receiving?
5. When you do that, how do you feel?
6. What has your feeling inspired?
7. Can you say to yourself: I am free to do and be whatever my heart desires?
8. If so, go to the next question. If not, then ask, what is keeping you from being free?

Next, bringing these questions and passions into your vocation:

1. What is the greatest gift I have to give that meets the world's greatest need NOW?
2. Now, notice what comes up. Can you feel the truth in what you wrote? Is there doubt or fear, excitement, enthusiasm and passion? If there is excitement, ask what is mine to do to offer this? If there is fear – ask what the fear is telling you. What is the truth? Dialogue with this question. Work with this until you align with the energy of excitement, enthusiasm and passion.

Affirmations

Now that you understand who you are, you can use affirmations with power and intent. When we write affirmations that we don't believe we set up internal struggles and can experience disappointment and disillusionment. From here you are in a place of greater awareness of what is possible and you have the ability to believe the affirmations that you write because you are now connected to your truth and they will be true to you.

As you are aware of who and what you are, you can also see what you are to do so you can write in the affirmative. i.e. I am loving life. I am Divinely Abundant. I am doing work I love. I am bringing my gifts to the world. I am attracting the love of my life. I am love.

Add writing affirmations to your Journaling Process – write the affirmations that you are inspired to write. Bring your attention to what you want to create and even write about them over and over to intensify the energy. What you focus on you create. This is how affirmations can serve you. Now, post them on your calendar, and set a reminder so they pop up for you during your day.

Section Five – Living in The Zone of Creative Mastery -

Divine Mastery is not a destination, but an intention and practice. It is a state of being and an experience of knowing. It is the place we can strive for and touch upon. It is the achievement of a truly balanced mind/body/spirit life experience and expression. It is the pursuit of mastery in collaboration with the Divine.

The 4 Steps to Divine Mastery is also about Living in the Zone of Creative Mastery and experiencing an extraordinary life. It is the life of our soul's desires – our divine intentions. It is the place where we experience the most

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joy, peace, happiness, learning, intensity, calm, wisdom, sadness, pain, ecstasy, and awe. It is living life to the extreme (our personal extreme) and the ultimate experience of being alive.

It is the place where you remember who you are and know that U N I are

ONE: 

You have now learned the tools for living in the Zone of Creative Mastery to experience Divine Mastery. It is now up to you to choose to use them. I hope you will find what works for you so you can experience peace, joy, and power in your life.

Thank You

As we are completing this program, I want to invite you to continue this work. From this new place of awareness, you can continue to grow and learn to realize your dreams and experience more joy and abundance all the time. If you are ever feeling disconnected or stuck, know that you have all the tools you need to reconnect and get unstuck. Remember, there is nothing else out there – you have everything you need within you.

Thank you for your attention, intention, and trust. I have been honored to share what I have been called to teach.

With Blessings and Love,

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You are also welcome to stay connected with me through resources and events that can give you ongoing support in your journey.

Please visit: www.dianedandeneau.com for more.