

The Art of Extraordinary Success

We have been focusing on the 4 Steps to Divine Mastery as the foundational tools for connecting to Source and living from there on a daily basis. We have reviewed and explored your thoughts and have been looking for the truth. Now we are going deeper into the Zone of Creative Mastery and creating what you truly want now. For this is the Art of Extraordinary Success.

Now we are going to focus on the process of creating, and taking it into 5 concrete steps.

1. See the Grand Vision of your life.
2. Feel the importance and know the why of what you are doing.
3. Become the One who has created this. See yourself as the one – touch into the identity of the one who has created what you want. See this one and feel her within you.
4. Know what is your to do (and not yours to do).
5. Do what is yours to do without controlling or expectations of specific outcomes.

1. See the Grand Vision. Paint the picture.

Look into your future – any time, and see what you want it to look like. Who is there? Where do you live? What are you doing? See it in your mind. See the pictures. Notice how you are feeling. Are you excited? Are you doubtful? Don't judge your feelings. Just watch them. Ask God to show you the truth of your heart. Is this what you really want? If not, ask for the truth. If yes, move into the feeling of being grounded in the truth.

There is nothing more powerful than creating from the ground of truth versus the air of deception. The mind only knows deception – if it looks for its truth from the world. But if it looks for its truth from the source, then it becomes wise. Now it it/you can co-create with the Source of all.

Today, we look to the Source to show us the vision of the life we have come to create now. And this life is more extraordinary than you – our minds alone can imagine. See it. Write it down. Draw it. Make it real on paper. What ever comes to you is perfect. Write it in past tense, as if it has happened, as if it already exists.

Do the meditation and write.

2. Know the Why.

Read your grand vision. Feel into the truth of it. Ground into the power of it. Now, align yourself with the reality what you are doing. Are you doing what you need to be doing to create this life now? Looking at what you wrote, what comes up now that you need to focus on? If you know where you are going, you can have more confidence and diligence about what you are doing and why?

In business, this is called a mission. But for each of us, we need to know why and feel the importance of why we do what we are doing. This can remove doubt and the possibility of distractions or procrastination entering in.

If you are just doing things to survive – for a paycheck, that is a valid need – but it creates a life of just survival. If you want to go beyond survival – you need to look at a greater mission. If you move into looking beyond your small self, and step into your Divine self, you will see that you are here to thrive and to serve.

Now, what is that paycheck for? Supporting your family? Supporting your self as you do your art? Is it for work you love for compensation for your contributions?

Beyond money, how are you serving? Shift your focus outside of you. Who are you helping? Are you bringing the greatest possible (to your ability): love, hope, healing, beauty, support, caring, sharing your knowledge with others who need it?

You must remember that you are important to the Universe. You have come here to share whom you are, and allow what wants to come through you as experience and in service. Both are important.

Write down why you are creating this life – from the standpoint of honoring the Divine in you, and the world.

Listen to the meditation for today and write from there.

3. Identity

We have talked about this before. All of this is being revisited as we go deeper.

Read the last two days of your writing. Now ask your self, who is the person who is creating the life you have envisioned?

Seeing the creations complete, who did you become in the creating? Step into that one. How do you feel as the creator? Do you feel pride? Satisfaction? Gratitude? Humility?

I invite you to step into the reality that you are already this one at a higher level of consciousness. Now, ground your human mind into knowing (remembering) that becoming this one is why you have come here. If your vision is truly grand, then it won't be easy to create, and it is the effort that creates the transformation in you.

It is in pushing your edges that creates a larger you – not staying within the safety of the known. It is the journey into the unknown that expands you. This is what stepping into your Divine Identity means. It is a trust – as your human self relinquishes control of your life to your Divine self and takes action without attachment to the outcomes.

Remember who you are. Hold the reality that you are both who you are right now and who you are becoming. As some have said, it is all happening at once. The only thing that changes is the location of your awareness and experience. From here, you can remember that you are exactly where you are supposed to be on your journey.

Listen to the meditation for today and write from there.

4. The Divine is in the Details.

I used to say that the devil is in the details, which showed my attitude about the details of my life! Now I say that God is in the details. I would meditate and get clear on my grand vision, but then go off and try to figure out the details by myself. Now, I bring God into the lists into the details, and let go of my stress that I have to do it by myself, because I have learned that don't have to and I can't.

As you go within today and connect with God, your vision, mission, and identity, what is yours to do now? If you have started working on your lists of what you are doing and why, then review them again from this place. Take small steps. Ask to see that steps you need to take. Write them down. Remember why you are doing this as you may feel some resistance.

Resistance is normal – as this is the part that is hard. Our human selves don't like change, as it means going into the unknown. So, it shows up as resistance. If we can say, "ah, yes, this is what I was expecting to show up", you can keep going because you want the joy of creating over the death of stagnation.

Songwriting is easy and fun, as I'm getting the first download. This is a pure gift from Spirit (the muse). Then it gets hard. Pulling it together into a cohesive structure and honing in what is working and what is not takes my ego getting out of the way. Learning to play and remembering a tune that is new to me – no matter where it came from, is hard. Yet I keep God in the process, and the song becomes a real and wonderful thing. And my human gets to experience the massive joy of creating when I follow through with the inspiration. This is what living in the Zone of Creative Mastery is.

Move into the Zone and into the details – with God.

Listen to the meditation for today and write from there.

5. Do it (Divine Action).

Do what is yours to do without controlling or expecting specific outcomes.

This is the real "secret" that the infamous movie was talking about. The part they many people don't get is that our thoughts can create a lot of things. But not everything we create makes us happy. I believe the real secret is in the co-creation with the universe and that mastery is really about becoming the master of knowing our souls, and living in truth, while becoming the master of relinquishment of control. This is the mastery that will bring us to our greatest experiences.

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So, start your day connecting to Source and entering the Zone. Now that you have your list, focus on it. Enter your day with your Divine plan.

If you are working on a creative project, here are some suggestions for staying focused on following through:

Turn off all distractions (or as many as you feel you can): email, social media, even put the phone on silent. Set a timer for one hour (or some reasonable stopping point). At that point, check in with yourself.

Are you still in the zone? Notice positive or negative thoughts. If you are not feeling in the zone, then enter a short practice of meditation or take a short walk, or listen to some soothing music. It is vital that you stay in the zone while you are creating. So, stopping to shift your energy and focus is an important. Give yourself a minimum of 4 minutes and a maximum of 30. In this time, you can get some food, take a bio break, and then from the place of intention of being in the Zone, no matter where you are, go back to work for a set, focused period of time.

Notice how the project is going and if you have had to adjust it, or are having challenges with it. The important thing is to use the above process to keep going. Don't quit unless you are absolutely clear from the Zone, that you need to do so. Accept it all, and keep going.

No matter what you have done today. Write down what you have accomplished. Congratulate yourself for every little thing you have done. Have compassion for anything not done. Any progress is great. See it as success. Love yourself no matter what.

Listen to the meditation for today and write from there.