

every day. It starts with the acknowledgment that you're in a box. Your willingness and courage to step out of your box, even as everyone else in your life is expecting you to stay in that box so they can feel safe, is all you need for your personal freedom. This may be the scariest thing that you do for yourself, but it will change your world and the world around you.

**Exploration: Do You Live in a Box?**

1. How many boxes do you live in, and what do they look like?
2. What opinions have you formed that create your boxes?
3. What or who are you trying to control in your life?
4. Which ones serve you and which ones clearly don't?
5. What do they keep you safe from?
6. Take this into the 4 Steps. What is shifting and what actions do you feel called to take?

## **Step 3. Divine Dialogue**

Now that you have done some healing work, it is time to step powerfully into who you truly are. This is where you embrace the truth of who you are and the power you possess. There is an introduction and three sections here. The first is about deepening into our dialogue with God, and the second is using that dialogue to discover more about our selves, our true calling and true purpose.

“Ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you.” *Matthew 7:7*

### **Introduction – Knowing the Truth of Who You Are**

Divine Dialogue and Divine Epiphany is the place of the knowing of the truth of your Soul and that which moves through us. It is about asking, listening, receiving, feeling, and honoring the impulse of the Universe. It is being in touch with what we are called to do in our lives in every moment of every day. It is the receiving of that calling that is most easily received when we have moved into Divine Attention and Divine Realization and made room for it in Divine Patience and surrender.

Divine Epiphany is hearing and knowing the inner realization of our true self and the power that we have. It is the place where our Divine truth is who we are being and always in our awareness and is the source of our desire.

As we have been working with our limiting and erroneous beliefs and patterns discovered in Divine Realization and Divine Patience, Divine Epiphany is where we go deeper to discover the truth within us. This is the place where the truth is revealed. And it is here that we discover the new beliefs that can replace the old, and the new thoughts that create the life we truly want to have.

As we have been looking at our old belief systems and discovering the truth, we are able to live from a new level of consciousness and understanding. From here we are able to discover what is inspiring us and what we are being called to do now. From here a new exploration can reveal a whole new level of possibility and expression.

## **Section One – The Divine Relationship**

I have shared my Journals with God, and the teachings that have come to me. Today, God decided to be the one to write today's lesson. Here it is below:

*The first two weeks of this course invited you to step into your decision to live a Divinely Guided Life and has showed you how to do that. This endeavor is about deciding to have a real and concrete relationship with Me. This is the whole point of this life journey – and this sacred program before you. Everything is intended to support your decision and facilitate your experience of finding Me.*

*Why is this the focus? Because everything else comes from here. Your purpose is found in your connection to Me. Your love is found in your connection to Me. Your peace, confidence, clarity, strength, creativity, abundance, happiness, and satisfaction with life – all come from and are equal to the quality of your relationship with Me. This is also the path to the true relationship with yourself, and knowing what and who you truly are. This is awakening. This is the journey that everyone is on, whether they know it or not.*

*You are at a point on your journey where you are being given enough awareness to be in choice in this awakening. You can choose what to do as well as choosing your level of consciousness. This question is, if you have decided to live a Divinely Guided Life, what are you doing to honor and*

cultivate that? Are you making time for me? Are you spending time with me? Are you asking me/looking for the truth in every moment of every day?

All of the exercises and explorations are about identifying the beliefs of the ego and then looking for the truth of your soul. The practice is to be in vigilant awareness of what is true and what is not. The challenge is most people have built a life on beliefs and priorities that may have very little to do with what is true for them. So the only thing that will bring your life into alignment with your truth could be change. And change can be scary; unless you have a powerful relationship with me and know that these changes are the greatest gifts you can give your self and everyone.

So now. I invite you to come home to me – to the truth of your soul – into the zone of creative mastery. We are going to go within and review all the aspects of your life and ask how aligned it is with the truth of who you are.

**Listen to Meditation: Entering the Zone.**

We will do a meditation to go into the Zone, then write about the following questions. Find the answers and truth from your heart, or ask Me:

1. Write about your relationships – primary, work, friends:
2. Write about your work:
3. Write about your health, weight, fitness:
4. Write about your home and living situation:
5. Writing about your creativity and personal expression:

Ask the questions:

1. What are you doing in each area?
2. How is it serving you and others?
3. How do you feel about it? What is your level of fear and satisfaction?
4. To what degree do you feel in alignment with what you are doing?

Finally, What did you learn from this inquiry?

What actions/changes are emerging?

*Sit with this inquiry for a while. If there are some things that feel difficult, use some of the healing meditations and exercises. But most of all, come to me. Together we can heal and change anything.*

Love, God

## **The Divine Plan**

As you are exploring the questions of where you are with you work, your relationships, your home, and self-care, what is emerging from your journals with God? Are there any profound changes being asked of you?

Now I invite you to let God write to you about your life. Were you able to hear the thoughts of God in the prior exercise? Keep going. Go deeper. Today, continue your conversation with God and discover what is next.

Exercise and Meditation – Write with God about the Divine Plan. What do you need to know about it, and what don't you need to know about it.

## **Following Divine Direction**

Now that you have decided to live a Divinely Guided Life from the Zone of Creative Mastery, you may be asking, ok, how do I do that? There is a very simple practice that I have been using and teaching that is very powerful. In my daily practice I do my 4 steps meditation to bring my attention to God, move into peace and write in my journal, "Good Morning, God". I then begin a dialogue about what is going on with me, and what I want to understand. We move through a dialogue that is always profound and healing.

In the past 6 months, I began to add to my practice asking God what I needed to focus on that day. Sometimes the topic is at a high level, and sometimes just about staying on track. The most important part was to bring God into the details, ask, and write down the answers.

We've heard the saying, "the devil is in the details". I realized that I had been praying to God to guide me and take care of me, but thought I was still responsible for figuring out the details. When faced with a question or

problem, I would often say to myself, "I just need to figure this out". I've changed that to say to myself, and God, "how I can Divine this in?"

I have to say that God has given me direction in my journals for years. The real difference now is that I follow them impeccably. What I have found for myself and others who are living a Divinely guided life, is the difference between failure or maybe moderate success, and extraordinarily success, is how closely I follow Divine guidance.

This is also about taking responsibility for doing our part. We are in collaboration with spirit, not a doormat or just a passenger on the journey. We are flying the plane. This is not about following directions that we don't want to do. If anyone knows our truest desires, it is God. And as we align our thoughts, desires, and choices with our true selves, we begin to remember that we are the God that is directing us. Until then, we can rely on this dialogue to help us remember the truth.

So the practice is, ask what you need to focus on today. Then listen and make the list. Next. Do it. Finally, see what happens.

When I do this, miracles begin to happen in my life. Let us know what happens in yours.

## **Divine Calling: Realizing our Dreams**

Divine Dialogue and Divine Epiphany is the place of discovering our Divine callings and knowing our dreams. I am not talking about or sleeping dreams here, though our dreams can be revealed to us during our sleep. Our dreams are those things that we feel called to and compelled to do. Sometimes the dream starts with a simple impulse – a simple desire. Other times the entire dream is revealed in your heart and mind. A dream can be described as a Divinely inspired vision or calling that is exciting, worthwhile, valuable, and sometimes difficult to attain. It might even require... miracles.

You may have many dreams in your life and have maybe even pursued and realized some of them. Unfortunately, as I have been talking to people, this is much more rare than I would have thought. So many people talk about a dream house or a dream car. But they look at getting them as a reward for doing what they don't want to do. This is an example of the insanity that is inherent in our society.

## *The Art of Extraordinary Success*

I have lived one of my dreams of being a professional painter, showing my work in galleries throughout the Southwest. I had some wonderful shows, and people throughout the world have collected my art. My dream started when I was young, as my mother was an artist and we had paints around the house. I loved to do art and found that painting was the thing that I did that helped me feel the most like me. As I grew up my passion was to see if I could paint beautiful places in a way that captured its feeling, its awe. I wanted to sell my paintings so I could paint a lot. It felt wonderful to do something that inspired people as much as it inspired me.

It was a few years later when I was painting my Machu Picchu series that I journaled about my love of painting sacred sites. Here are two journal entries from the Canvas Journals.

### **Journals with God, 11/22/03 Canvas #33**

“God, I have been painting sacred places for many years. Why am I so drawn to these ruins?”

*“Diane, your personal quest to connect to the sacred has brought you to these magnificent places. What you are drawn to is the spectacular creations that came from the highest honor and reverence of the ancestors. You can feel the love and reverence for the sacred in these places still. As you paint them you add your honor and reverence. This is your expression of your love for these beautiful places and your respect for those who built them. Your hard work and integrity in your paintings are beautiful tributes to the ancestors. By sharing your work you are sharing the sacred. Through the power of the images you share the reverence for the sacred by the ancestors. And by the beauty of your paintings you share the sacred within you. This is a powerful gift that has been given both to you and by you. Remember the ancestors as you paint and they will be smiling upon you with their love. Paint in peace Diane, and know you are living from the greatest truth of your heart.*

Love, God”



### **Journals with God, 11/23/12 Canvas # 34**

“God, I had not made this connection before. So you are saying that my art has been part of my search for you?”

## *The Art of Extraordinary Success*

*Diane, My dear, everyone's search for what they feel called to do is really the search for me. Since you came to these places with the openness of your heart you were given the sweet gift of discovering your own reverence and connection. Without knowing it you have been called to these places by the sacred so you could begin touching the sacred within you. Your painting and these places have woven together to become an expression of your search for the sacred. Though you don't feel it, you have come to teach this. And through the integrity of your art and the truth in your writing you share your experience of this universal search. Everything in your life has conspired to bring you to this moment. And whether you or anyone else believes it or not, the underlying motivation in this life is the search for the connection to me. You have looked in many places, and now you know after many different turns, where you have found me, and where you have not. Your art has always been a beautiful expression of your highest truth. This is where you connect to me, because: The truth is where God lives.*

Love, God"



I still paint, write songs, create in many art forms, and share art with a child in my life.

### **Its Time to Make Your Dreams Come True**

This is one of the core reasons why this course and teaching has been given to me to share. It is imperative that we all do what we are each called to do, as it is the only thing that will change the world for the better. If each of us pursued our dreams, we would all be happier, healthier, kinder, and focused on our greatest service to each other. It is from here that we co-create with the Universe what wants to happen. It is how we make the world a better place. It is here that we discover who we truly are.

#### **Why we don't pursue our Dreams:**

1. We believe they aren't important.
2. We believe that they are "out there", unattainable.
3. We believe that doing what others want us to do is being in the greatest service.
4. We believe that pursuing our dream is selfish.
5. We want to be responsible (respectable.)
6. We don't want to be thought of as a "crazy dreamer".

7. We are afraid that if we reject what others want for us, they will reject us.
8. We believe that following the family's (tribe's) priorities is how we honor it.
9. We aren't taught or encouraged to pursue our Dreams.
10. We don't know what they are.

**Why We Must Pursue our Dreams:**

1. It will make you the happiest you can be.
2. It is what your Soul wants.
3. It's what God (the Universe) wants.
4. It is the greatest service to the world you can give.
5. It is the highest expression of your authentic self.
6. It is the greatest gift that you have to give to others.
7. Pursuing your dreams inspires others to pursue theirs.
8. If you don't, who else will?
9. You cannot be given a dream without the ability to realize it.
10. It is what life is for.

The 4 Steps to Divine Mastery is the **How** to make your Dreams come true. It is here that I invite you to give yourself permission to pursue your dreams. Allow the impulse of Spirit to move through you.

**Your Gifts**

The question that I like to ask at this point is: What is the Greatest Gift I have to Give that Meets the World's Greatest Need...Now?

This question is very helpful in discovering you are called to do now or if you know – then how to step deeper into that knowing. This gift is a culmination of our experiences, skills, interests, training, and passions. It is truly only valuable when it comes from a desire of being in service to God.

I work with many people who aren't sure what their dreams and passions are. They may have awakened one day feeling like what they are doing isn't fulfilling them anymore or worse; they are miserable. From here it can seem impossible to know what you could want to do.

At this point I suggest doing an exploration into the past to see what you loved as a child with the Discover Your True Passions Questionnaire below. What experiences stood out as positive and negative? What was exciting and what were your disappointments? Write about this and see what is revealed.