

Divine Patience

In the first part of this workbook have learned some important tools that you can use to transform your life. In Step 2 - Divine Patience, we are going to go deeper into peace and fearlessness, which requires healing what needs to be healed in order to allow our true purpose to flow through us without restraint. In this next section, there is an introduction and four sections of reading and exercises. As with all that you are learning from this course, from this point forward, you will continue to use all of these tools. So don't get overwhelmed thinking you have to heal everyone in one week! Allow the healing to unfold at it's own pace.

Introduction - Step 2. Divine Patience

"And why do you worry...? See how the flowers of the field grow. They do not labor or spin." Matthew 6:28

Once we connect to Source, we move into the space where we can awaken to what and who we truly are. This awakening can happen in an instant and last for a long time or it can be fleeting - coming and going. It is in Divine Patience that we surrender to Divine love and joy and knowing the "peace that passeth all understanding." From here, worry and fear are non-existent. It is in the commitment to living from our Soul and being patient with its timing that we can receive its gifts.

The first priority of Divine Patience is to surrender our beliefs, thoughts, worries, judgments, stories, and needs (our thoughts about our needs) and to rest in the arms of the Divine. The intention with Step 1 is to live from Source.

The action in Step 1 is to go within and focus our attention on our inner space and to the Divine Connection within.

The intention with Step 2 is to be in peace, quiet and patience. The action in Step 2 is to surrender, watch and be aware. This is also the place to see where fear exists. It is here you can illuminate your beliefs and habitual ways of being and evaluate whether or not they are the truth. The first part of the practice needs to be focused on getting to know yourself in this place. From here, you will begin to know the truth of your soul and begin to discover how or where you are not living in that truth.

This is the space where much transformational work can be done. Where we are called to face our fears, heal the past and shift our awareness to the new place of truth that we are discovering inside of us. As you focus on Divine Patience, you move into the Seeker/Finder consciousness and open to Divine Guidance and Divine Epiphanies. This also opens you to experiencing Divine Realization.

As we move into Divine Patience, we are entering a space of learning and understanding more about our Selves, while at the same time setting intentions to shift how we are being. Remember to remain patient with the changes.

Exploration:

1. How are you with sitting quietly? Write about it.
2. What has been your pattern around patience?
3. Focus on sitting in Divine Patience during your meditation practice. What is coming up for you?
4. Take this into the 4 Steps. What is shifting and what actions do you feel called to take?

Exercise: Listen to Audio Meditation: Surrender

Section One – Imagination: Living in the Zone of Creative Mastery

It is time to light a fire – the fire of your soul! It lives in your imagination – in collaboration with the muse, your intuition, your love. It is the expression of your soul.

My music comes to me like a gift from heaven. I feel an indescribable feeling of love as I pick up my guitar and allow the words to flow. This song came to me as a reminder of the creative soul's we are.

The life that we live is our story to tell
And I know that I've come to tell it well
For I have chosen to live from the fire
To walk on the coals of my souls desire

But you can't touch the fire
Without feeling pain
So we shy away, afraid of the flames
As our light fades away

The Art of Extraordinary Success

As our light fades away
The fire is calling my name today
Calling me deeper into the flames
For I've lived in the darkness and Walked in the cold
Searching for something to fill my soul

But I've close my eyes and I've see
A world that lives within me
It takes me away, till I know who I am
But the fire in my soul

To live in the fire of the truth of my will
Takes courage to live in the heat of the kiln
But when it is done and the fire is out
What's left is the art of a life made of love.

Can you feel the love in your heart?
Do you know that your life is your art?
Do you remember, why you have come?
But to live from the fire of your soul

The life that we live is our story to tell
And I know that I've come to tell it well

Listen to Imagination and Fire of Your Soul.

Exercise: Let yourself dream! Have fun. Use your imagination to envision anything and everything you want. Then, watch what happens....

Section Two – Blocks, Beliefs and the Truth

Blocks are thoughts, beliefs and conflicting ideas within us that keep us in patterns that do not serve us. Some of the blocks, we've adopted from others. Some blocks, we've created and the resulting patterns may have served us at some point in the past, but no longer serve us today. To breakdown blocks a little further - some blocks are energetic and emotional, while other blocks are clear beliefs and ideas within the mind. Most blocks have some or both aspects. These blocks are powerful because they have generally become entrenched and are habitual. They have many sources from which they originate. They can come from family, culture, our past experiences, and even past lives. To summarize; the "blocks" are the source and the "patterns" are the result of the blocks. The discovery of one can illuminate the other, giving you greater awareness

into yourself. From here, you have the opportunity to discover the truth. It is up to you to make the changes that can truly serve you. These are important keys to your transformation.

Trauma and Support

I believe that these processes can be used to heal any trauma or emotional pain, as we are working with THE Divine, who is the source of all healing. I also want to encourage you to ask within to see if you need support with your healing. I absolutely believe in the appropriate application of healing modalities and support from practitioners or councilors who may align with you. Even as I know that the answers are within us, we are also here to give and receive and sometimes the answer is... "I need help." Please listen within and trust your guidance. If you feel like you need help, then ask for it. God will bring you the perfect angels.

Beliefs

We all choose our own belief systems, so choose wisely. Our belief systems are the source of our power and creations.

We sometimes feel like a victim of the belief systems of the people around us. Since those around us do impact our experiences and form our version of reality, their belief systems can have a huge effect on us - especially those we were raised with. **The truth is, we can have and choose to live by any belief system we want.** First, we must identify what beliefs are operating within us; then we can decide what beliefs we want to keep and which ones we want to discard. This is why it is important to put ourselves first, I.E., be selfish. It is about looking within to discover what is true for us.

You are in complete control of your beliefs, judgments, opinions, words and actions. You can choose to listen to, believe, accept and act on the opinions of others. You can also choose your own beliefs. You have the Divine power and right to speak your truth and take the actions that are in alignment with who you are and what is right for you.

From the thousands of people I have engaged with and observed over the years, I have discovered three consistent core beliefs running in those who are struggling in their lives. These three core beliefs are:

- 1B. I am not worthy**, deserving, loveable or valuable (this is the victim/martyr/sinner mentality)

2B. I am not good enough, capable, sufficient, or perfect enough, my gifts aren't valuable (This is the judge/comparison/competition mentality – that there is always someone better)

3B. The opinions and needs of others matter more than mine (see #1 - this is the victim/selflessness mentality)

Just about every story of limitation, insecurity, or failure harkens back to one of these beliefs. Almost every excuse, judgment, and fear can be traced to one or all of these beliefs.

The problem with all of these beliefs is that they are very ingrained in the egoic and lower realms of consciousness and they are also ingrained in our society's broader cultural beliefs. In essence, they are everywhere. The reality is they are dysfunctional and they are **all lies**. What we must do is identify our version of each of these lies and replace them with the Divine Truth within each of us. This is how we begin to change our world, and ultimately the world around us.

It's time to raise your awareness around what you are saying to yourself and what beliefs are operating within you. This is a vital part of transforming your life. **The 4 Steps to Creative Mastery** provide the tools to shift our beliefs from Lies to the Truth and experience a new reality.

The Truth

In my Journals with God. She has written to me: *“Ask yourself again and again, ‘what is the truth?’ Then tell it with all your being.”* Right now I am inviting you to live from a higher level of truth than you ever have before. This is about being willing to look at everything and ask yourself what is true for you. This is the only place you can know what is true. People get all hung up on the idea of the truth because they think it is like a fact and facts are debatable. But the Truth for you is only yours - it is something that is profound and I believe comes from the soul.

When we begin to ask ourselves over and over, “What is the truth?”, we start to recognize that our truth changes over time. As we are becoming aware of our Truth, we become aware of our habitual ways of being in different areas of our lives. With this, we also become aware of how others' expectations of us have greatly defined whom we've chosen to be. Up until now, we have generally made these choices and decisions unconsciously. This is easy... until it's not. As our decisions that don't come from our Divine Truth will ultimately create disharmony, pain, dysfunction and cycles of hope and hopelessness. .

So, it is within our daily practice where we focus on what is happening in our lives and the choices we have before us. When we ask what is the truth at our deepest level, we begin to make choices that actually serve us and live in a way that is powerful and fulfilling.

Journals with God, 10/12/03

“God, what do I do with this knowing? When I am alone and knowing I am you, I am not afraid. I am overjoyed and feel you and your love in all of my being. This is all there is for me now. God, how do I live my life from this place?”

“Diane, now you are living! And in every moment of every day that you are remembering who you are, you are living the truth of your soul. Diane, by painting this, you are living this. By being this, you are living this and by being my love in every interaction you are this. So what are you asking? What should you do now that you know you are Me? Love life right now! Live with this joy in your heart and give it to everyone! Know that from this place you will know what to do. You have committed your life to me. I speak to you through the truth of your heart. Trust your truth. Now, and with love and compassion accept what ever your truth is for it is also my truth.

Love, God”



My experience in working with clients is that when they begin to attain Divine Realization and Divine Mastery, they automatically discover the Truths with respect to the three core mistaken Beliefs (lies) as outlined above. These same Truths have also come to me through my Journals with God. I am sharing them with you to help you remember what I believe you already know.

- T 1. I am divinely worthy**, abundantly deserving, loveable exactly as I am, and infinitely invaluable.
- T 2. I am enough.** I am capable, sufficient and perfect. I bring forth my beautiful and valuable gifts to the world and that is why I am here.
- T 3. We are all equally valuable and important. I am responsible for taking care of my own needs and living from the truth in my heart. This allows me to be in service from my place of power and love.**

This is Divine Realization – the highest level of consciousness.

Exploration and Exercise: Beliefs and The Truth

Meditation 4.1, The Truth. Then Journal with what comes up for you.

Exploration: It's time to become the detective in your life.

1. This exercise begins with you keeping your journal with you and writing down a list of your thoughts throughout the day. What do you say to your self over and over again? What do you say about others?
2. Next, look at the list and see if you can associate each one of them to one of the three "Beliefs" (Lies) or, one of the three Truths, as outlined above. Write the number of the Belief or Truth next to the thought with which it correlates. For example, "2B – I have this new product idea, but I'm afraid to tell anyone because they'll think it's dumb or they might steal it."
A "Truth" example might be; "2T – I'm going to call the corporate headquarters of Office Depot to find out how to submit my great new product idea."
3. Now, do Meditation 4.2, The 3 Beliefs, which asks you to explore your current beliefs and then exploring "What is the Truth"?
4. Continue doing this exercise throughout your day, writing the thought, then immediately writing your Truth Statement.

Section Three – Fear, The Pain Body, Parasite and Ego

Many people have the experience of feeling fear without anything obvious causing it. There is an emotional intelligence that is operating in the body that seems to have a life of its own. The truth is, it does. There are several teachers who talk about this energy as the Pain Body, Parasite, and Ego. Eckhart Tolle talks about the Pain Body as an energy body living within us that has learned from past pain and is holding the energy of the pain and fear. don Miguel Ruiz teaches in Toltec philosophy that the Parasite is like a dark demon living within us protecting us yet, at the same time sapping our life force. The Ego is described in the Course in Miracles as the human identity that is disconnected from God.

God wrote the passage below, to me as I was preparing this course material:

"The pain body (Eckhart Tolle), parasite (don Miguel Ruiz) and ego (the fear-based part of the ego), is part of what is created in the life form

The Art of Extraordinary Success

(body) in the material world. It is an identity and a powerful energy that is created and reinforced by other people in your world who are also living from the fear-based perspective. When you believe that the world is fearful, you will be afraid. And this fear creates an energy body within you that is powerful. Fear is the true culprit and it is moving beyond fear that is needed to heal this fear-based being. This is the first step in awakening and stepping into soul consciousness. We all feel the pull of the pain body. It is the feeling of fear that has no story, until you give it one. You believe that there must be a story and then you begin to look at all the problems in your life and the things that you think are not as they should to justify your reason to be afraid.

The focus now is to know that you can choose. It is to know that there is another perspective and another aspect of consciousness that you can step into and heal the pain body. This is not obliterating the ego – the part of you that is needed on earth. But it is taking control from the ego and giving it to the soul.

This process begins when you are so tired of being in pain that you will do anything, including die, just to be free. This is the Disillusionment Level of consciousness. However, the death of your fear-based self will cause a rebirth into the awakening of your Divine Realization, which will allow you to live in Divine Mastery and inner peace. So, this is a two part healing. One part is to release the energy of the pain body by truly facing it without any stories, until you realize your truth. The next part is to face your thoughts and beliefs that are negative, fearful, and painful and transmute them into the Truths from a place of love and possibility. When you are living from this perspective, fear cannot exist. This is the foundation of living a Divinely mastered life.

This work is done within meditation and intentional connection with Me. It is miraculous. Trust this.

Love, God"



Fear

As God has written above, the most powerful block to peace, happiness and love is fear. Fear is the opposite of all of these and you cannot be in both at the same time. Here we are going to continue to talk about fear,

which is really the “elephant in the room.” The world is run by fear, which is the source of all negative behavior and beliefs. I have many people argue with me that fear is a good thing. I am not talking about letting go of appropriate concern or our instinctual fight or flight responses. I’m talking about the fear that has us sitting-in-wait for worst-case scenarios. The fear that limits our choices, causes self-sabotage and defines our behaviors.

This was and still is the area of my greatest transformation. God teaches this better than I.

Journals with God, 10/9/03 Canvas # 5

But God, I can't just do what ever I want. I have bills to pay and people that rely on me. I'm afraid to loose what I have.

“Diane, your fear has you believing that you could loose anything of value. But since you have traded your soul for your belief in fear, you really have nothing to loose and your life to gain. Fear keeps you from your truth. Fear keeps you from me. Fear keeps you from experiencing the greatest joy and love and prosperity that comes from living in truth. Diane, nothing can touch you, for you are me. Living in your truth – without fear is being the greatest you can be. From here you can love and care for yourself and everyone in your life to a greater degree than ever before. Stop respecting or even acknowledging fear – in yourself or anyone. It is the lie and the liar. Now watch for fear then look for what is really real. This is the truth and where you will find me. Trust me.

Love, God.



Journals with God, 10/10/03 Canvas #6

God I do trust you. And I am even beginning to remember that I am you. But I have to live in this world, and this world is run by fear. It seems impossible to find the truth when just about everyone believes in fear.

“Diane, the world has forgotten that we are body, mind, and spirit. The body and mind are how you experience life, but your spirit - your connection to me - is who you are. When you believe in the world created by the mind and forget who you are, you will be afraid. In your current society you do not teach of infinite love and oneness. You teach that you are what you know and what you have done. You teach that happiness is found outside yourself and that I am far away. Your heart knows the truth and is crying out. It is time to listen to the truth of your heart and recognize the mind as the One that has learned from the fears

of an unconscious society and believes that is the Truth. Diane you are teaching your mind a new truth. One that comes from a greater depth of knowing than you have ever experienced: **YOU ARE GOD AND GOD IS NOT AFRAID.**

Love, God



Becoming the Observer

Now is the time to become the observer. The observer is the part of you that can watch your thoughts, feelings and emotions. Just by realizing that you can observe all these aspects of your self, you can discover another part of you that you may not have ever known. The observer is another name for a higher level of consciousness. By witnessing your thoughts, you activate the observer. By noticing your feelings, you are expanding your ability to know yourself. This is how we expand our awareness.

Exploration and Exercise: Mastering the Pain Body, Parasite, Ego and Fear, through the Mind

1. Bring your awareness to your feelings, emotions and reactions throughout the day. Notice and write down what you are reacting to, and what your reaction was.
2. Ask yourself if they are connected to what is going on in the present or are you having feelings and emotions in reaction to thoughts that seem out of sync with what is happening now?
3. Notice how much fear arises in your body throughout your day. Since you now know that it is a lie, what happens when you observe yourself from that perspective? Are you aware of your fears?
4. Take this into the **4 Steps to Divine Mastery**. What is the Truth? What is shifting and what actions do you feel called to take?

Section Four - Agreements

Years ago, when I read *The Four Agreements* by don Miguel Ruiz when it was first published, I was rather confused by the story in the beginning about the dream of the planet and the smoky mirror. But, the four agreements did resonate with me, as an accessible tool for personal freedom. A few years later I read it again and what struck me the most was the title, or more so the word *agreements*. I began to really think

about all the agreements that I had made in my life and realized that they did not have a lot to do with who I truly was.

I began to look at what I was angry about in my life. I didn't like the job I had, but I agreed to take it. I didn't like the town I lived in, but I agreed to buy a house there. I didn't like the people I spent my time with, but I also agreed to be with them. I realized that where we make agreements is completely our individual responsibility. Even in our relationships, we have a responsibility to bring our Truth into our agreements. And if we aren't happy with our agreements, then it is up to us to change them.

Agreements are the place where we engage with others in the world. Even being passive is an agreement, a choice. If you believe that you are not responsible for your agreements, then you believe that you are not responsible for your choices. But just about everything is a choice or the results of our choices – those are our agreements. Life calls us to participate and is asking for a “yes” or a “no” or a “right” or a “left”. If we don't give it an answer, then a default is given by the universe and it may not be what we truly want.

This is where I ended up. I kind of went with the flow of being a victim of the things in my life that led me to a new town and a new job and I did not believe I had any choices along the way. So, then I ended up angry and bitter about my life. The awakening came when I realized that I chose it all.

When you look at all the agreements that you have made in your life, where do you, or where have you felt like the victim of circumstances versus your choices? I am including an excerpt of the books *The Four Agreements*, by don Miguel Ruiz and *The Fifth Agreement* by his son, don Jose Ruiz, (below) to share the powerful and practical tools for emotional freedom. They tie in very well as we step into our power and choice.

The Four Agreements – by don Miguel Ruiz and The Fifth Agreement, by don Jose Ruiz

The Four Agreements are:

1. Be Impeccable with Your Word

Speak with integrity. Say only what you mean. Avoid using the Word to speak against yourself or to gossip about others. Use the power of your Word in the direction of truth and love.

2. Don't Take Anything Personally

Nothing others do is because of you. **Nothing.** What others say and do is a

projection of their own reality, their own dream. When you are immune to the opinions and actions of others, you won't be the victim of needless suffering.

3. Don't Make Assumptions

Find the courage to ask questions and to express what you really want. Communicate with others as clearly as you can to avoid unnecessary misunderstandings, sadness and drama. With just this one agreement, you can completely transform your life.

4. Always Do Your Best

Your best is going to change from moment to moment; it will be different when you are healthy as opposed to sick. Under any circumstance, simply do your best, and you will avoid self-judgment, self-abuse, and regret.

5. Be Skeptical, but Learn to Listen

Wherever you go around the world, you will hear all kinds of opinions and stories from other people. You will find great storytellers wanting to tell you what you should do with your life: "You should do this, you should do that, you should do whatever." Don't believe them. Be skeptical but learn to listen and then make your choices. Be responsible for every choice you make in your life. This is your life; it's nobody else's life, and you will find that it's nobody else's business what you do with your life.

Exploration and Exercise: Agreements

1. What agreements have you made in your life?
2. How do you feel about them?
3. Write about The Five Agreements in relation to how you currently operate.
4. Take this into **The 4 Steps**. What is shifting and what actions do you feel called to take?

Healing

This next focus is all about healing at the deepest level. Since you have begun to open the door to your deeper awareness, you've detected blocks, unhealthy patterns, Beliefs (lies), Truths, fears and agreements that

you have made along the way. Now you are ready to take the next step. There are three sections to work with this week. If you feel that this is getting difficult, you're right on track and I commend you for your commitment to your greatest self. Stay with this work until you are ready to move on.

Section Three - Healing the Past and Becoming Free

Healing the Past in Real Time

On the spiritual level there is no time and everything is happening at once. Because of this, we can actually go back in time and heal earlier versions of our Selves changing the energetic reality of our life from the source. Once we begin to see how radical forgiveness works, we can apply that to our own healing, making radical changes within our selves and within our lives. We do this by going back to meet the part of us that was traumatized and we provide a level of understanding and support higher than we could access at that time. This process is done within a meditation. The reality is, when you go to this place within meditation, you are going there in real time. This is your opportunity to bring your Soul self to your human self. This is when healing the past occurs. With this process, you can actually heal your younger self, transforming the current reality in ways you cannot imagine.

Through this process, you begin to heal everyone else you have touched and care about. This is a miraculous process that is part of your path and opportunity to heal yourself and the world.

Exploration and Exercise: Do Meditation 5.0. Healing the Past in Real time.

Choosing Love – Becoming Free

These next couple of sections are about showing up with love and releasing yourself and others from our prisons of fear and unconsciousness.



Sword of Love

One day as I was out on my bike enjoying my ride (which is where I receive many epiphanies) I heard a voice that I knew as the Christ Consciousness. The voice said: *“Put down your sword. When you hold up your sword to get what you want, you may get compliance, but you only gain disdain, distrust, and fear. It also perpetuates conflict, dishonesty and separation. Instead, hold your sword with the point of the blade down and stand in your true power – the power of Love. As you engage with others say ‘I will love you no matter what.’ This is how you will elicit cooperation and communion, and heal the wounds of the past. This is where you will experience the joy of the oneness that you are.”*

As I received this message I realized that I did believe that I had to hold up a sword (to energetically fight) to get what I wanted. I could see that this was the normal way that I and so many other people interacted in our society to survive. I could see the image of the sword as shaming, blaming, criticizing, anger, dishonesty, manipulation, and fear. As I questioned how to do this without being vulnerable, I got the message that it was not about rolling over and allowing others to take advantage of me, but for me to hold the sword as my power and the symbol of my unwavering commitment to Truth and Love.

I saw this image as the reminder to “Put down my Sword”, and that “I will love you no matter what.”

Over the years I have had to continue to heal myself so I could stand up and hold the Sword of Love. Sometimes, I stand shaking and sometimes I stand strong. But, I have also seen the change in how others respond to me. I now know that it is only through love that anything of value is created.

Right now I feel we all need to shift from our fearful (conflicted) interactions and consciously choose to stand with the Sword of Love even if it feels uncomfortable. I believe that each of us must do this to heal the pain of the past and find peace together now.

Exploration and Exercise:

1. Where do you hold up a sword in your life? Write about it.
2. Where are you judging, accusing, blaming, or shaming? Write about that.
3. Show up somewhere in your life with love and compassion in a place that you feel vulnerable. Say to yourself, “I will love you no matter what” and say something to that effect to the other person. i.e. “I unconditionally support you and your efforts.”

4. Journal about your exploration and experiences.
5. Take this into the **4 Steps**. What is shifting and what actions do you feel called to take?

Healing the Past and Becoming Free

It is in your freedom that you will create the life you have come to live. Pain from the past

Blanket in a Box?

How many times do you say to yourself and others, "That's just how I am."? Or, how often do you think or say, "That's how he/she is."? It seems like we want to spend as little time as possible learning about someone or something, or even ourselves and then make choices based on those narrow beliefs. So, we try to put everything and everyone one in a little box, or a mental category of "I already know about him/her/it." But, when we think we know about something, or someone, we limit our own ability to see who they really are in every moment by putting them in a box. We make blanket statements declaring who they are, or who we are, and we pull the wool over our own eyes. We put on the lid, and shut it tight, thus limiting our potential in life. This pattern of thinking is what creates living a small life – in a small box.

I have a client who is a parent, and I am amazed at how many times I hear him say: "My daughter won't like that." Or, "She won't do that because that is how she is." Well, I know there are things that parents just "know." But, I also think that we want to feel like we know because it gives us a sense of safety. It is inside our little box of what we can expect and we don't have to think about, or be surprised about anything. It is also a way we can stay safe by controlling those around us. However, the greatest harm with this pattern is that it stifles the developmental growth and potential of those around them. This also applies between spouses and partners, and will ultimately stifle the relationship and it's ability to grow.

The truth is we are all able to grow and change in every moment and if we decide that we don't live in our box of what we "know" or how we've been, then we can be free to act or respond in new and different ways every day. It starts with the acknowledgment that you're in a box. Your willingness and courage to step out of your box, even as everyone else in

your life is expecting you to stay in that box so they can feel safe, is all you need for your personal freedom. This may be the scariest thing that you do for yourself, but it will change your world and the world around you.

Exploration: Do You Live in a Box?

1. How many boxes do you live in, and what do they look like?
2. What opinions have you formed that create your boxes?
3. What or who are you trying to control in your life?
4. Which ones serve you and which ones clearly don't?
5. What do they keep you safe from?
6. Take this into the 4 Steps. What is shifting and what actions do you feel called to take?

Step 3. Divine Dialogue

Now that you have done a lot of healing work, it is time to step powerfully into who you truly are. This is where you embrace the truth of who you are and the power you possess. There is an introduction and three sections here. The first is about deepening into our dialogue with God, and the second is using that dialogue to discover more about our selves, our true calling and true purpose.

“Ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you. “ *Matthew 7:7*

Introduction – Knowing the Truth of Who You Are

Divine Dialogue and Divine Epiphany is the place of the knowing of the truth of your Soul and that which moves through us. It is about asking, listening, receiving, feeling, and honoring the impulse of the Universe. It is being in touch with what we are called to do in our lives in every moment of every day. It is the receiving of that calling that is most easily received when we have moved into Divine Attention and Divine Realization and made room for it in Divine Patience.

Divine Epiphany is hearing and knowing the inner realization of our true self and the power that we have. It is the place where our Divine truth is who we are being and always in our awareness and is the source of our desire.

As we have been working with our limiting and erroneous beliefs and patterns discovered in Divine Realization and Divine Patience, Divine Epiphany is where we go deeper to discover the truth within us. This is the place where the truth is revealed. And it is here that we discover the new beliefs that can replace the old, and the new thoughts that create the life we truly want to have.

As we have been looking at our old belief systems and discovering the truth, we are able to live from a new level of consciousness and understanding. From here we are able to discover what is inspiring us and what we are being called to do now. From here a new exploration can reveal a whole new level of possibility and expression.

Section One - Divine Calling: Realizing our Dreams

Divine Dialogue and Divine Epiphany is the place of discovering our Divine callings and knowing our dreams. I am not talking about or sleeping dreams here, though our dreams can be revealed to us during our sleep. Our dreams are those things that we feel called to and compelled to do. Sometimes the dream starts with a simple impulse – a simple desire. Other times the entire dream is revealed in your heart and mind. A dream can be described as a Divinely inspired vision or calling that is exciting, worthwhile, valuable, and sometimes difficult to attain. It might even require... miracles.

You may have many dreams in your life and have maybe even pursued and realized some of them. Unfortunately, as I have been talking to people, this is much more rare than I would have thought. So many people talk about a dream house or a dream car. But they look at getting them as a reward for doing what they don't want to do. This is an example of the insanity that is inherent in our society.

I have lived one of my dreams of being a professional painter, showing my work in galleries throughout the Southwest. I had some wonderful shows, and people throughout the world have collected my art. My dream started when I was young, as my mother was an artist and we had paints around the house. I loved to do art and found that painting was the thing that I did that helped me feel the most like me. As I grew up my passion was to see if I could paint beautiful places in a way that captured its feeling, its awe. I wanted to sell my paintings so I could paint a lot. It felt wonderful to do something that inspired people as much as it inspired me.